Millbrook Exchange Community Center

Youth Programs

Jan-April 2012













Discover your raleign parks and recreation Department

Baseball - Sluggers

6-9vr

Crack! It's going, going.......gone! This class helps develop the skills of baseball including running, hitting, throwing, pitching and fielding. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork!

Class ree: \$40

#118746 Mar 8-29Th 7:30 pm - 8:15 pm #118747 Apr 12-May 3Th 7:30 pm - 8:15 pm

Basketball - Shooters

6-9yrs

A skills development sports program that teaches the basics of basketball including passing, dribbling, and shooting. Helps develop good hand/eye coordination as well as listening skills and good sportsmanship.

Class fee: \$40

#118734 Mar 5-26M 7:30 pm - 8:15 pm #118735 Apr 9-30M 7:30 pm - 8:15 pm

Soccer - Kickers

6-9vrs

G-O-O-A-L! This class will help develop the basic fundamentals of soccer including passing, dribbling, shooting, and defense. Class will help develop hand/eye coordination, listening skills, good sportsmanship and teamwork!

Class fee: \$40

#118741 Mar 6-27Tu 7:30 pm - 8:15 pm #118742 Apr 10-May 1Tu 7:30 pm - 8:15 pm

Cheerleading - Young Champions CHEERAMERICA

4-15yrs

Young Champions of America offers this fun and exciting cheerleading program for beginners, intermediate and advanced level students. Along with providing lots of fun, this program promotes coordination, confidence, poise, physical fitness, artistic expression, teamwork and competitive spirit. Our students learn fundamentals of dance and cheer, dance routines, parade routines, cheers, chants, jumps, and how to perform in front of an audience. Uniforms and pompoms may be purchased separately. They will be required for any parades, performances or competitions. ALL classes are competition teams. Students will participate in parades, performances and competitions.

Class fee: \$112

#117265 (4-6yrs) Jan 24-May 8 Tu 6:15 pm - 7:00 pm #117268 (7-15yrs) Jan 24-May 8 Tu *or* Fri 7:00 pm - 7:45 pm

Athletic Leagues

Baseball/Softball - Spring Youth Leagues, District B

5-12yrs

Batter Up! Raleigh Parks and Recreation offers youth baseball in northeast Raleigh through Lions Park Center, Green Road Center, Marsh Creek Center and Millbrook Exchange Center. District B baseball leagues will be offered for the following ages groups: 5-6, 7-8, 9-10, and 11-12. League age is determined by the participant's age as of April 30, 2012. Practices and games could be played at one or more of the parks within the district including: Buffaloe Road Athletic Park, Millbrook Exchange Park, Lions Park, Oakwood Park, Spring Forest Road Park, Marsh Creek Park, and Brentwood Park. Registration will be held February 13th-24th at any Community Center.

Athletic Program Fee: \$30 city-residents, \$42 non-residents

#118118 Mar 1-Jun 13Daily 5:30 pm - 9:00 pm

Basketball - Summer Leagues

5-12yrs

Summer Basketball will be offered to boys and girls ages 5-12 and girls through the age of 14. **Registration will be held April 18 through May 1, 2012** or until spaces are filled, please register early as space is limited. Practices will begin in mid-June and league play will begin in July. Games and practices will be held at Millbrook Exchange Community Center for 5-8 year olds and Marsh Creek Community Center for 9-14 year olds. Emphasis will be on skill development and FUN! Leagues are designed to prep players for the upcoming winter league play. League age is determined as of March 31, 2013. SPACE IS LIMITED!

Athletic Program Fee: \$55 city-residents, \$67 non-residents

Teacher-Work-Day / Holiday Camps

Y.E.S. - Youth Escape School

5-11yrs

Need something for your child to do on school holidays and teacher work days? Enroll in the Youth Escape School (YES) program. This wonderful recreational opportunity provides a safe alternative to children having to stay home while Mom and Dad work. Participants interact with their peers and counselors in fun-filled activities such as sports, arts & crafts, games, movies and a variety of other exciting events. Field trips, if offered, may require additional fees. Each participant must bring lunch and 2 snacks. Early drop-off begins at 7:30am and late pick-up ends at 6pm. Visit Reclink at **reclink.raleighnc.gov** for program dates, details and to register your child!

Program fee: \$25 per day

